

# NSAGGU MEDICAL CAMP- UG

COMMUNITY HEALTH

10TH- 14TH FEBRUARY 2020

## DESTINY DOCTORS & HEART FOR THE NATIONS INTERNATIONAL



### Special points of interest:

- Free medical consultations
- Over 750 patients seen
- 28 people got saved
- Focus on health education
- Over 10 HIV/AIDS cycles broken

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### Executive summary

The community of NSAGGU is infamous. Located in WAKISO District of Uganda, the little village has had the profound misfortune of being the center of kampa-la's khat growing base, poverty, disease, and poor education infra-structures that lead to delayed development and ultimately to the rest of Uganda. These three prospective years from 2020 are particularly going to be hard for this community due to the political instability the whole country is going through and the in approximate time of recovery

Heart For The Nations International (HRTNI) has been

working with the community of Nsaggu in partnership with Destiny Doctors- Uganda and Amen and Amen church in the previous year 2019 to empower

ary where people get to be treated freely, empowered with the best health techniques and up to date information packaged in a readily accessible and acceptable manner. At the same time preach the transformational gospel to the people of the community

This year 2020 we saw close to 750 patients in a total of four days who all received free consultations with doctors, medical treatment, health education with up to date information and gospel preaching



*"Patient trying on different reading glasses while reading the bible"-*

the community and promote good health. An annual medical outreach has been running every Febru-

### Project Vision & Goals

The heart for the nations international medical outreach to Uganda 2020 , Nsaggu community was conducted in line with the ministry of health-Uganda community health promotion strategy 2020 and the Destiny Doctors' Community Health Empowerment project (CHE) which all share a common ground

which is reaching out to these underserved seemingly non- existent communities, and promoting health. The outreached comprised of a number of services over a week's period all aimed at extending the love of our Christ through;

\* Promoting health of

the community

- \* Empowering the community to have control over its own health
- \* Preaching the gospel of Christ and
- \* Alleviating ignorance about health



*"Heart for the nations international"*

**The outreach**



**The outreach**

The medical outreach started with purchase of drugs from the different pharmaceutical importers with in Uganda on Monday, drugs and sundries were bought from 3 different companies due to their relative varying prices. Destiny doctors provided the health human resource while the church provided the support staff, HFTNI provided both staffs and sponsored the whole outreach, on Tuesday

the clinic started, seven consultation stations were set where the patients would interact with the doctors and one room for privacy, on station for laboratory and one station acted as the pharmacy where those that had been prescribed drugs received them free of charge, a counsellor was set a side for those that needed one, then a big station was set for health education which was coordinated by

Bindhya and Sandhya of HFTNI, this was the most crucial bit of the outreach. A waiting station was set outside in the tent where patients first rested from the long distances as they were being preached to by a team led by Pr. Ricky Brezezicki.

*"there are many ways to be brave in this world, sometimes bravery involves laying down your life for something bigger than yourself, for someone else"*

**Results & analysis**

The clinic saw 750 patients with 706 receiving free drugs from our pharmacy, more than 70% (570 of the total patients) that saw our clinic were females and the rest being males, 32% of the patients were beyond 45years old and 34% of the patients are unemployed. Most of them are farmers and less than 5% have formal jobs. 56% of the patients had infectious diseases

and 40 % had non communicable disease, of these 20% had both an infectious and non communicable illness. 317 patients received blood check ups which included malaria, random blood sugar test, typhoid, HCG, HIV. Of these 192 tested for hiv where 94 of these were on request.

More services were offered by both our general and specialized stations such as; general

medicine, peadiatrics, ophthalmology, ENT, and psychiatry. The results show a relative increase in the number of non communicable diseases compared to the 14% registered in the 2019 report. Patients with critical and chronic cases were referred to the near by public hospital. We also registered 28 people who gave their lives to Christ and were invited to fellowship with the church



*"Caption inside the church where consultation stations were set"*

**Partnerships**

HFTNI partnered with both regional and national service providers to ensure a holistic approach to the community’s health.

**Ministry of health Uganda**

This was a partnership bridged by destiny doctors as the MOH issued us with a license that permitted us to carry out the outreach under the current medical guidelines that Uganda is following. It provided points of referral for our patients that needed continuous care. The ministry has also

received a copy of our data to help in policy making and planning for this community.

**DESTINY DOCTORS**

This is a volunteership led organization of all people that identify themselves as being called to serve, they provided the medical staffing and covering medical licenses that were needed and crucial to this medical outreach. They do these outreaches under their broad project; The Community Health Empowerment project which strategizes more on

health education and restoring power over health to communities

**AMEN AND AMEN CHURCH**

This is a church in the heart of the community we served. It hosted us and provided all the non skilled labour, interpreters . The people that gave their lives to Christ will continuously fellowship with this church



Instagram: [@destiny doctors](#)

Facebook: [destiny doctors](#)

**Achievements**

- \* Successful completion of a one week clinic that led to treatment of over 750 patients
- \* 28 souls gave their lives to Christ and others started on their journey to make this choice
- \* Multiple HIV cycles broken by increasing awareness and the number of people that know their statuses
- \* Successful teachings about basic health techniques and their impact in the disease cycle
- \* Successful collection and submission of health data to the district and Uganda medical and dental practitioners council which will be used as evidence to plan and draw policies regarding the health of nsaggu community
- \* Indirect breaking of cycles of poverty through promoting health, this reduces the relative expenditure on bad health
- \* Successful spread of a love selfless that will be natured and spread

***“he who has health has hope; and he who has hope has everything”***

**challenges**

- ⇒ **Medical under-stock,** well ,it is so heart breaking to want to give but you have nothing to give, the situation is even more serious when it involves basic needs such as a right to good health. We make this outreach with support of all our sponsors and all those that give to the cause, what you would consider less to you actually constitutes someone’s full treatment that saves their life, therefore we are always limited in stock and medicines because of resources and therefore we can say that we treated all people who came by our clinic, some came and the drugs they needed were not stocked, we therefore pray that we are able to do a little more with God by our side
- ⇒ **Uncontrolled health indicators,** such as the fact that most of the natives are commercial khat growers which predisposes them to a number of medical and psychiatric conditions that may not be fully manageable within a short time, this calls for a permanent interve-



***“buying drugs and medical sundries”***

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### Thank you

To everyone who sacrifices the little they have for the sake of humanity , we thank you and bless the work of your hands

*"Greater love has no one than this: to lay down one's life for one's friends" john 15: 13*



*"Brief moments after the day's work"*